



30 CLINICAL EVALUATORS

98 TOTAL USES

86% CLINICAL RATING

Key features: Small device • No lab required • Same day therapy

Description

Grind Relief Pro is a thermoplastic medical device intended to treat nighttime or stress-induced bruxism and reduce muscle activity by at least 60%. Built with a patented "Central Power Bar", this additionally helps by preventing wear through the appliance.

Indications

- Bruxism patients
- Great for immediate assessment of TMD and Muscle Myalgia when screening for muscle or joint pain

Unique Attributes

- Covers more of the dentition for a more secure fit (back to the 1st or 2nd bicuspid)
- Can be used on either the maxillary or the mandibular arch
- Adjustable with an ability to refit the appliance if the fit loosens or changes
- Can be used with a Class 2 occlusion

Photos courtesy of Dr. Frank Berman



Clinical Tips

- The thermoplastic material gets very sticky after heating, don't touch it.
- Once the device is fabricated and the patient is wearing it regularly, have the patient warm it under warm water before putting it in.
- Train the patients on how to adjust the device by including them on the initial fitting. We found that many small adjustments can be done at home without having to return to the office.
- Leave it in for 10 minutes after fitting for improved retention.



"QUICK AND EASY TO FIT."

Evaluators' Comments

"I am able to provide the patient with an immediate device to take home to see if they get TMD and muscle myalgia relief."

"Same day, no models!"

"Easy to use in a pinch and can use Peter Dawson's NTI/deprogrammer methods fast."

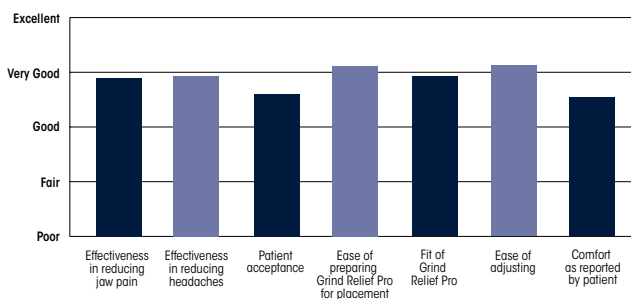
"The rigid shell allows it to adapt better than the somewhat softer shell in the OTC doctor's nightguard."

"The fit is better and the end product is more durable than QuickSplint"

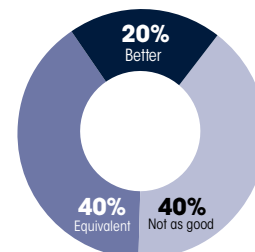
"It is easy to fabricate chair side. It has great retention once fully hardened, and it works very well in a dentition with severe crowding. One patient said it was the most comfortable guard she has ever worn."

"Nice device for acute treatment. The innovation is the rigid frame allowing for improved adaptation to undercuts and improved retention."

Evaluation Summary:



Compared to Competitive Products:



83% Consultants who would: Recommend to a colleague

7% Consultants who would want to stock in office: Yes, instead of current product

63% Yes, in addition to current product